



# Mallards Pike 5 Mile

Multi Terrain Event  
& family fun run around the lake

**Wednesday 16th June 2010**

**Start 7.30pm**

Complete an entry form or enter on the day

## Start and finish at Mallards Pike

5 Mile Event: £6.00/£8.00 (attached/unattached)

Minimum age of 15 (on race day) for 5 mile event

Fun run around the lake - £2.00 for kids - £6.00/£8.00 adults

Young runners will need to be accompanied by an adult please.

Adults accompanying their children pay no entry fee

**7.00pm** - Fun run - 1 lap

(U9 race will start 10m forward of the fun run)

**7.15pm** - U11 race - 1 lap

**7.30pm** - 5 Mile Event

**7.35pm** - U13/ U15 race - 2 laps

**8.30pm** - Prize giving ceremony

**Enquiries to Pete Compton 07889189523**

**email: [pete.compton@hotmail.co.uk](mailto:pete.compton@hotmail.co.uk)**

Dogs **not** permitted on the course;  
but are allowed on lead at event centre.

There is a forestry commission parking charge of £3  
so you may wish to share cars

Timing and results  
sponsored by

